



St. Ann Catholic School

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St. Ann School was fortunate to have Miriam Laundry visit our school recently and speak to our primary grade students.

Accompanied by her pal Shreddy, Miriam brings the important message of believing in yourself. Sharing her book *I Can*, with its natural language, familiar situations, and attractive illustrations, the children sat spellbound, fascinated to hear about Molly's dilemma. The presentation also included personal reflections on situations that started with "I can't" but ended with success after a change in attitude. As well, Miriam shares her insights and experiences with the writing and publishing process, putting it in terms that our young students understand.

Finally, the children happily cast their own I can't's into Shreddy with the vow to turn them into I cans. This activity continued to resonate after the presentation as several students spontaneously produced "I Can" artwork to hang in the library. What a valuable and memorable lesson for erasing "I can't" from our vocabulary and for trying things that we think are beyond our reach.

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